



Personal, Social, Health and Economic Education

Intent

At Westfields Infant School, we want children to develop the knowledge, skills and competencies to access the next stage in their learning. In addition to this, we actively encourage and motivate the children to develop positive attitudes, skills and habits so that they are well equipped for the future.

At Westfields Infant School, Personal, Social, Health and Economic Education (PSHE), including Relationships Education, is embedded into our school ethos and values and is taught as part of a broad and balanced curriculum. From an early age, we want our children to make right choices and we want our children to grow as individuals and as members of families and communities, equipping them with knowledge and practical skills to live healthy, safe, fulfilled and responsible lives, both now and in the future. We plan our curriculum and our wider provision in order to achieve this.

Through our PSHE curriculum, we aim to develop our children's learning behaviours of concentration, curiosity and co-operation. We also aim to ensure children at Westfields Infants School enjoy learning, do not give up, have a go at things, keep improving and use their imagination. We teach these skills through a set of jigsaw pieces that connect together to help build confident and resilient learners.

At Westfields Infant School, our PSHE curriculum has been developed based on the area of learning of 'Personal, Social and Emotional Development' but also 'Communication and Language' and 'Understanding the World' within the [Statutory Framework for the Early Years Foundation Stage](#) as well as the Jigsaw Framework which ensures that we follow the requirements of the [National Curriculum](#) which states that:

PSHE education is an important and necessary part of all pupils' education. All schools should teach PSHE, drawing on good practice, and this expectation is outlined in the introduction to the proposed new national curriculum. PSHE is a non-statutory subject. To allow teachers the flexibility to deliver high-quality PSHE we consider it unnecessary to provide new standardised frameworks or programmes of study. PSHE can encompass many areas of study. Teachers are best placed to understand the needs of their pupils and do not need additional central prescription.

We follow the Jigsaw PSHE programme and this equips all children with relevant and meaningful content, which is supported through a strong emphasis on emotional literacy, building resilience and nurturing physical and mental health. The PSHE curriculum perfectly connects the pieces of Personal, Social, Health and Economic Education with Spiritual, Moral, Social and Cultural development (SMSC) and the British Values.

Implementation

At Westfields Infant School, we view PSHE as an integral part of life at school. To ensure that children receive a broad and balanced curriculum, PSHE is taught weekly and Jigsaw lessons take place in class. These start as Circle Time sessions however, based on the discussions and content of the lessons, children may then continue their learning, completing a range of planned speaking and listening activities. At the beginning of a topic, children demonstrate their prior knowledge and understanding as they record this on a topic page. At the end of the topic, children return to their topic page and add what they have since learnt. Each lesson, teachers record key quotes and key learning to demonstrate the learning and understanding that is taking place. This supports the teacher's assessment of children.

PSHE is taught through Jigsaw's six half termly themes with each year group studying the same unit at the same time (at their own level):

Autumn 1: Being Me in My World

Autumn 2: Differences (including anti-bullying)

Spring 1: Dreams and Goals

Spring 2: Healthy Me

Summer 1: Relationships

Summer 2: Changing Me

PSHE is not contained to weekly lessons but is also integrated where appropriate into other areas of the curriculum and school life such as assemblies, clubs and visits, themed days, support of charities and as part of behaviour expectations. Whilst all teachers follow a PSHE structure, they have the freedom to address issues and questions that may arise in their individual class.

Impact

The impact of our PSHE learning can be seen within topic pages, class PSHE folders, on classroom and whole school displays and by speaking to the children themselves. We measure the impact regularly through:

- Whole class and verbal feedback
- Recapping prior learning at the beginning of each lesson and plenary activities
- Teacher assessment, self-assessment and peer assessment of learning
- Completion of the PSHE Assessment document at the end of each unit, identifying children not achieving expected standard and those exceeding
- Subject monitoring e.g. pupil conferencing and planning monitoring

By the time our children leave Westfields Infant School, they will have developed the ability to approach with increased confidence a range of real-life situations and apply their skills and attributes to help navigate themselves through modern life. All children will have a good understanding of how to stay safe, keep healthy and develop positive relationships. It is important that all children have an appreciation of what it means to be a positive member of a diverse, multicultural society and children leave Westfields Infant School with a growing knowledge and understanding of the British Values of Democracy, Tolerance, Mutual Respect, Rule of Law and Liberty.