What do I need to do to get the most from early help?

- To be actively involved in my family plan.
- To be open to new ideas and ways of doing things differently.
- To tell workers what I think.
- To be honest.

What you have told us about early help in Hampshire

- To everyone who was involved from the bottom of my heart thank you I am so proud of J and the way he looks at life now in such a short period of time he has grown into such confidence and that's all thanks to you guys... you really have made a huge difference in our lives we now have the tools needed to continue on the right path without you this wouldn't of been possible"
- I now feel I have more control and understanding of how to deal with things."



What will you do with my information?

We work closely with other agencies, however we will only ever share information on a need to know basis.

However there may be times when we will need to talk to others to make sure you and your family are safe. This could be because a child or adult is at risk of harm or if a crime could be prevented.



Early help for Families

Working with families to make a difference



Hampshire County Council Children's Services

Tel: 0300 555 1384



What is early help for families?

When one person in a family has a problem, it often affects other people in the family. Early help brings together professionals who will work with the whole family to try and improve things for everyone.

How can it help me?

Your voice and views are important and we want to make sure they are heard and understood. We will work alongside you and your family to find out exactly what concerns you and what support you need, building on the strengths you already have.

What help is on offer?

We can work with you and your family in the home or a community setting as part of a group. This support may be different for individual members of the family.

We can work with you on a range of issues including:

- Family relationships
- O Behaviours that are challenging
- O Housing issues
- O Emotional and mental health
- Healthy relationships
- Alcohol and drug issues

How does early help work?

Step one

Talk to a professional who is already in contact with your family. This might be a health visitor, teacher, community worker etc. You can find out about local groups in your area by visiting:

www.hants.gov.uk/socialcareandhealth/ supportingfamilies

Step two

If you decide that early help is for you, the worker will talk to you and listen to you to find out what the difficulties are and what you would like help with. They will also want to know what is going well for you. The worker may suggest a service or group you could attend and may be able to complete the paperwork to request this with your agreement. If you and the worker agree that there are a range of issues you would like help with, they will ask your agreement to complete an assessment with you.

Families in Hampshire often tell us that they have to speak to lots of professionals and repeat the same information about themselves over and over again. Families also tell us that they want professionals to speak to each other and work together more to help families. The early help

Step three

The worker will present your family's needs agreed with you from the assessment to a meeting attended by a range of agencies, all of whom are involved in delivering early help in Hampshire. At the meeting it will be agreed who will be the early help coordinator. The information that you have shared will be discussed in order for the services to understand what help they can offer.

Step four

The early help coordinator will contact you following the meeting to agree to meet up and discuss how best to work with you and your families to address the difficulties that you identified.

coordinator will make sure that this happens. Whilst your family may have different services working with individuals in the family the early help coordinator will be the link person who will keep in touch with you and the services involved to review how things are going.