



Try our Westfields Infant School 2025 Christmas Fitness Challenge. Over the Christmas holidays, you can attempt each of the activities within the baubles. When you have finished an activity, colour in the bauble and try another until your tree is complete.



Christmas
Dance

20 Star
Jumps

Frosty
Walk

15 Santa
Squats

Jingle
Bell
Jog

Skipping
(5 minutes)

20
Reindeer
Hops

Elf March
(5 minutes)

Play
Charades

Sock
Snowball
Toss

Please return your tree, with your name and class filled out below, to Mrs Anderson in the first week of the Spring term in order to receive a certificate and to be in with a chance to receive a prize. You can upload photos of your activities to your teacher on ClassDojo if you would like to!

Name:

Class: