

Try our Westfields Infant School 2025 Christmas Fitness Challenge. Over the Christmas holidays, you can attempt each of the activities within the baubles. When you have finished an activity, colour in the bauble and try another until your tree is complete.



Skipping  
(5 minutes)

20  
Reindeer  
Hops

Frosty  
Walk

Elf March  
(5 minutes)

15 Santa  
Squats

Christmas  
Dance

Play  
Charades

Jingle  
Bell  
Jog

20 Star  
Jumps

Sock  
Snowball  
Toss

Please return your tree, with your name and class filled out below, to Mrs Anderson in the first week of the Spring term in order to receive a certificate and to be in with a chance to receive a prize. You can upload photos of your activities to your teacher on ClassDojo if you would like to!

Name:

Class: