



# Embracing Neurodiversity



**9.30am-11.30am Thursday 16<sup>th</sup> October 2025**

We are delighted to once again invite parents and family members across The Federation to join us in meeting with Emma Holmes, at Westfields Junior School, to discuss supporting children with special educational needs, specifically neurodivergence; how our brains work differently.

Emma, from Empower You, is a passionate neurodivergent trainer and advocate who brings warmth and her own lived experience. She has previously supported families in such services as Future in Mind and Ask About Autism, and has previously visited us at Westfields with glowing feedback from parents.

Emma has an abundance of knowledge and resources which enable her to offer advice and signpost parents to appropriate organisations. She creates a safe, judgement free space where real life stories can be shared alongside humour. Whether you're navigating daily challenges, or just seeking connection, you'll leave feeling less alone and equipped with practical strategies to make life a little easier.

If you would like to attend, please register your interest by completing the

[Embracing Neurodiversity Link](#)

## **Aims of the session:**

- Opportunity to understand and discuss **neurodiversity**
- Gain **ideas, strategies** and **knowledge** to support
- Feel **empowered** and **less isolated** by sharing experiences and meeting with others